



INDIAN SCHOOL MUSCAT
DEPARTMENT OF COMMERCE AND HUMANITIES
SENIOR SECTION
CLASS – XI
PSYCHOLOGY (037)
CHAPTER – 01 WHAT IS PSYCHOLOGY



WORKSHEET No: - 01

Date:-----

Learning Checks

1. We use our _____ when we try to think or solve a problem.
2. _____ makes us think very highly of ourselves.
3. _____ has emerged as a field of Research where Psychologists and neuroscientists are working together.
4. _____ Psychology provides us with theories and principles that form the bases of application of psychology.
5. _____ psychology provides us with different contexts where theories and principles derived from research can be meaningfully applied.
6. _____ are the responses or reactions we make or activities we engage in.
7. The discipline which emphasizes the roles played by the mind in strengthening the immune system is called _____.
8. _____ was a psychologist who was concerned with children who gave up too easily when faced with a difficult problem or failure.
9. The first experimental laboratory was established in _____ by _____.
10. _____ founder of _____ viewed human behavior as a dynamic manifestation of unconscious and conflicts.
11. Humanists _____ and _____, emphasized the free will of human beings and their natural striving to grow
12. In early 20th century, a new perspective called _____ emerged in Germany as a reaction to the _____ of Wundt
13. “When Yogi meditates to enter a different level of consciousness and creates a new kind of experience or when a drug addict takes a particular kind of drug to get high. “What is this experience known as? _____

14. This branch of psychology investigates mental processes involved in acquisition, storage, manipulation and transformation of information received from the environment. _____

15. "Psychology as a social science focuses largely on biological principles to explain human behavior" (True or False)

Theory Questions

1. What is Psychology?
2. Explain Psychology as a social science?
3. What are the popular notions of psychology and differentiate scientific psychology from those notions.
4. Explain Psychology as a natural science?
5. Explain the development of Psychology in India?
6. What is constructivism?
7. Critically evaluate Introspection method?
8. Explain about the evolutionary approach of Psychology?
9. What is the difference between basic and applied Psychology?
10. Define Education Psychology?
11. What is a sport Psychology?
12. What is cultural and cross cultural Psychology?
13. What is counseling psychology?
14. What is social Psychology?
15. What is Environmental Psychology?
16. What are the various themes in Psychology explain in detail?
17. Compare and contrast the relationship between the psychology and other disciplines?
18. Explain the various fields where the psychologist can work?